

Utah Valley Chapter Newsletter

Chapter Officers

Dean

Larry Tomkinson 375-5691

Sub-dean LuJean Moss 374-2595

Sec/Newsletter DeeAnn Stone 377-4728

Treasurer/RegistrarMary Paz
377-4605

Members at large:

Dr. Parley Belnap 756-3490

Lee Clark 244-1591

David Pickering 379-0392

APRIL 1997 No. 9

APRIL CHAPTER MEETING

Our April Chapter Meeting will be held on Tuesday, April 15th, at 7:30 p.m. at the Oak Hills Stake Center, 965 E. North Temple Drive, Provo. Please enter through the east doors. (See map on back for directions to get to the chapel.)

Has this ever happened to you? You've practiced and practiced your music, whether for church or a recital, and you've felt pretty confident that you could play it well. Then when it comes time to perform it, your arms go numb; your stomach churns; your legs shake; your concentration takes a vacation; you wonder how you ever got yourself into this situation. Then you realize you have been beaten by your nerves!

If you would like to receive help on how to cope with these kinds of situations, the next chapter meeting is for you. Dr. James Drake of Utah State University (dean of the Cache Valley Chapter) has gladly accepted the invitation to show us how the Alexander Technique of relaxation can help your performance at the organ. Dr. Drake states, "The Alexander Technique is a most valuable aid for overcoming the obstacles associated with performance stress, locking, and physical strain. It frees the organist to practice and perform with openness, lightness, and focuses energy. The technique is a liberating discipline used by many professional and non-professional musicians throughout the world."

Dr. Drake would like each of us to bring a piece of music that we may be having difficulty performing publicly, so that he can show us at the console how to cope with the problem of stress.

The following information about the Alexander Technique was found on the internet:

"The Alexander Technique was developed a century ago by Frederick Matthias Alexander, who was born in Tasmania in 1869. Pursuing his chosen career as an actor and reciter in Melbourne and Sydney, he developed voice and breathing problems. In his





search for a cure, he was led to far-reaching conclusions concerning the impact of our patterns of breathing, posture, and habits of tension on our health and well-being. He moved to London in 1904, and in 1930 established the first teachers' training course. Alexander taught in London and in the United States until his death in 1955."

"Used primarily by dancers, singers, and musicians, the Alexander Technique is a body therapy that everyone can benefit from.

"Developed in the 1880's, the system examines the way individuals use their head, neck, and spine and how it affects overall body health. Most of us are unaware of the position of the body in everyday movements, but 'crunching' your neck while working at the computer, for example, restricts breathing. Other incorrect movements can lead to chronic pain and tension. Alexander proponents state most people are so concerned with the end result of physical actions that they pay no attention to how those actions are executed.

"Instructors of The Alexander Technique stress paying attention to simple movements like sitting, walking, standing. They guide you in a series of gentle 'reminders' on how the upper body should be carried. One example: learning to 'release' the head, picturing it as a balloon on top of the body, creates an incredible sense of lightness and ease in all of your movements."

Partial source: Chop Wood, Carry Water, the ed. of New Age Journal/St.

Martin's Press, 1988

LAST MONTH'S CHAPTER MEETING

It was certainly a treat to have the BYU organ students play Bach for us on the tracker organ in Dr. Belnap's office for our meeting last month. We appreciate their willingness to share their talents with us. Those who participated were Lisa Glade playing *Christus, der uns selig macht, BWV 620* and *Vater unser im Himmelreich, BWV 636*; Sabin Levi playing *Vater unser im Himmelreich, BWV 636*; David Pickering playing *Trio Sonata in E-flat Major, BWV 525--Allegro moderato, Adagio, and Allegro*; Stan Gordon playing *Fugue in G Minor ("Little"), BWV 578*; Chantel Komm playing *Jesu, meine Freude, BWV 610*; and Kristen Lawrence playing *Passacaglia in C Minor, BWV 582*.

A NOTE FROM THE EDITOR

Do you know of any new (or old) arrangements for LDS hymns that may not be included in the hymn arrangement list that I compiled a couple of years ago as a reference for organists? I would appreciate it if you would let me know about these, since I'm trying to update the first list. I've had an overwhelming number of requests for copies of the original compilation--from all over the US and Canada. So, any help you can give me will benefit many other people, too. Contact DeeAnn Stone at 1510 W. 500 N., Provo, UT 84601, 377-4728, or e-mail <dd.stone@aros.net>.

ST. MATTHEW PASSION

If you were able to go to one of the BYU Early Music Ensemble's performances of the *St. Matthew Passion*, you probably came away with a deep sense of awe for the majesty of this music. It is truly a Bach masterpiece.

If you are interested in purchasing a CD of the *St. Matthew Passion*, the following recordings are available:

St. Matthew Passion BWV 244

J.S. Bach

Conductor: John Eliot Gardiner

Accompaniment/Orchestra: English Baroque Soloists & the

Monteverdi Choir

Soloists: Anthony Rolfe Johnson, Evangelist (tenor)

Andreas Schmidt, Jesus (bass)

Barbara Bonney, Pilate's Wife (soprano)

Ann Monoyios (soprano)
Anne Sofie von Otter (alto)

Michael Chance (countertenor)

Howard Crook, Second witness (tenor)
Olaf Baer Pilate & High Priest I (baritone)

Cornelius Hauptman, Judas & Pontifex (bass)

Record Label: Archiv Produktion Catalog Number: 427 648-2 Year Released/Recorded: 1989 Total Playing Time: 3 CDs 1:57:24

Price: ?

Matthaus Passion

Conductor: Helmuth Rilling

Accompaniment/Orchestra: Gachinger Kantorei Stuttgart

Bach-Collegium Stuttgart

Soloists: Christiane Oetze – soprano

Ingeborg Danz — alto Michael Schade — tenor Mattias Gorne — bass Thomas Quasthoff — bass

Record Label: Hanssler-Verlag Catalog Number: LC 6047

Year Recorded: 1994 Total Playing Time: 2:54:59 Price: \$29.99, at Media Play

St. Matthew Passion

Conductor: Otto Klemperer

Accompaniment/Orchestra: Philharmonia Choir &

Orchestra

Soloists: Peter Pears, Dietrich Fischer-Dieskau, Elisabeth Schwarskopf, Christa Ludwig, Nicolai Gedda, Walter Berry, John Carol Case, Otakar Kraus, Helen Watts,

Geraint Even, Wilfred Brown

Record Label: EMI Records, Ltd., Hayes Middlesex

England

Catalog Number: ZDMC 7630582

Year Recorded: 1962

Total Playing Time: 3:43:29; Price: \$29.99, at Media Play

TABERNACLE CHOIR CONCERT SERIES BEGINS THIS MONTH

The following announcement appeared in the April 5, 1997, issue of the *Church News*, p. 13:

"Music was a vital force in helping the Mormon pioneers along the trail," said Jerold Ottley as he talked about the upcoming series of nine Tabernacle Choir concerts commemorating the 150th anniversary of the arrival of the pioneers in Utah's Great Salt Lake Valley.

The concert series begins Friday, April 18, at 7:30 p.m. in the Tabernacle on Temple Square. Other concerts are scheduled for Utah communities: Cedar City, St. George, Ephraim, Logan, Price, Vernal, **Provo**, and Ogden.

President Thomas S. Monson, first counselor in the First Presidency, will welcome those in attendance prior to the beginning of the Salt Lake concert.

"Music helped the pioneers keep their spirits up on their historic trek from the Midwest to the Rocky Mountains," said Brother Ottley, musical director of the choir.

Admission to the Salt Lake City concert will be free, said choir Pres. Wendell Smoot, but reserved-seat tickets (limited to two per request) are required. These tickets may be obtained beginning Monday, April 7, from 10 a.m. to 5 p.m. at the west gate information booth on Temple Square. Standby seating for those without tickets will take place 15 minutes prior to the concert's starting time.

The program will focus on the Mormon pioneer era of the mid-19th century, with the principal work a specially commissioned piece by composer Mack Wilberg: "Fantasia on Old Latter-day Saint Hymn Tunes."

Sharing time at the podium will be Brother Ottley and associate director Craig Jessop. The choir will be accompanied by a brass-and-percussion ensemble of 14 players, as well as the famed Tabernacle Organ, with John Longhurst, Clay Christiansen, and Richard Elliott taking turns at the console.

The musical selections will be interwoven with commentary by Lloyd Newell, who will tell of the role music played in the lives of the pioneers. Brother Newell is the announcer-commentator for the choir's weekly radio-television broadcasts.

In addition to Wilberg's "Fantasia," the program will include "High on the Mountain Top," arranged by Robert Cundick; "The Morning Breaks" by George Careless; "All People That on Earth Do Dwell," arranged by Florence Jolley; "Ye Shall Have a Song" by Randall Thompson; "The Gathering" from "To Utah" by Robert Cundick; "Let the Mountains Shout for Joy" by Evan Stephens; "Come, Come, Ye Saints," by William Clayton; a medley of familiar tunes from the pioneer period by the Sesquicentennial Brass Ensemble; the anthem of the Sesquicentennial, "Faith in Every Footstep" by Newell Dayley; "Climb Every Mountain" by Rodgers and Hammerstein; "What a Wonderful World," arranged by David Cullen; "This Land Is Your Land," arranged by Robert D. Cormier; and "The Spirit of God," arranged by Mack Wilberg.

RECITALS

April 12 (Saturday) – Carol Dean, organ, *Orgelbüchlein--*"Passion to Eastertide," Provo Central Stake Center, 450 N. 1200 W., 7:30 p.m.



OFF THE NET

Quote from Robert P. Manookin:

"I remember going to my doctor for an examination because I had been ill for some time. His diagnosis came to me in sophisticated medical jargon, none of which I understood. My response was, 'Doctor, a dominant seventh chord in the root position normally resolves to the tonic, unless it resolves deceptively to the submediant, or less often to flatted submediant.' He looked at me quizzically and exclaimed, 'What in the world are you talking about?' I answered, 'Doctor, what in the world are you talking about?' He smiled, reworded his diagnosis in layman's terms I could understand, and prescribed treatment, and then I left satisfied."

From Latter-day Magazine On-Line





Classical 89 KBYU · FM Tuesdays at 9:00p.m. with Michael Barone

April 15 - Sophisticated Ladies...women performers and composers make vital contributions to the tradition of the organ: Genevieve Soly, Aude Heurtematte, Kimberly Marshall, Diane Bish, Helga Schauerte, Zsuzsa Elekes, and Janice Beck (see p. 95, February TAO).

April 22 - Sebastian and Sons...a select survey of the work of diligent offspring laboring mightily in the shadow of their immortal father, a Bach family album (see p. 95, February TAO).

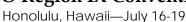
April 29 - Fiddling with Bach...whether with arrangements, transcriptions, technological enhancements or interpretive diversity, we seem incapable of keeping our hands off (see p. 50, March TAO).



AGO National Headquarters is now online, making their debut appropriately on March 21, 1997, J. S. Bach's birthday. Their website is located at <www.agohq.org>

The Salt Lake Chapter can also be found online: <www.cs.utah.edu/~jwindley/organ/slc-ago.html>



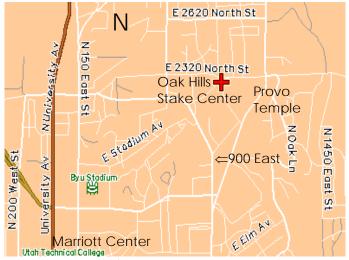




utah valley chapter Larry Tomkinson, Dean 244 N. 900 W. Provo. UT 84601

UPCOMING CHAPTER EVENTS

April 15 (Tuesday) - Dr. James Drake, Dean, Cache Valley Chapter, Alexander Technique on relaxation. Oak Hills Stake Center, 965 E. North Temple Drive, Provo, 7:30 p.m..



May 20 (Tuesday) - Closing social/expert on copyright laws